



APPLICATION FOR A JUNIOR PLAYER TO PARTICIPATE IN A DIFFERENT AGE CATEGORY

Application to participate in: Senior Rugby YES NO
Higher Age Grade Rugby YES NO
Lower Age Grade Rugby YES NO

Section 1 - Player Information (PLEASE PRINT CLEARLY)

Name: _____ Gender: M F RC Registration #: _____
Height (cm) _____ Weight (kg) _____
Club or Representative Team: Toronto City Amazons
Date of Birth (dd/mm/yyyy) _____ Actual Age Category: U14 Requested Age Category: U16
Playing Position: _____

Section 2 - Assessing Coach Information and Assessment (PLEASE PRINT CLEARLY)

Name: _____ RC Registration #: _____ NCCP #: _____
Highest Level Coaching Qualification: _____ Rugby Ready Certified: YES NO

The above coaching qualifications MUST ALL be fully met in order for this application to be valid for the purpose of assessing an exemption for the player to participate in competitions in a different age category.

The coach is to assess the player against the following four criteria using the factors for consideration listed in Appendix A of this form as guidance. If the answer is NO to any of them, then the player SHALL NOT be considered capable of competing safely with players in the proposed age category.

Table with 4 columns: Criteria, Question, YES, NO. Rows include Physical Development, Skill Level, Level of Experience, and Competition Standard.

This is to attest that the player's physical development, skill level and experience are such that the player is capable of competing safely with players in the requested age category. I have explained to the player and his/her parent/guardian that the player will be competing with and against players in a different age category and this may involve increased risk.

Damien Benedict _____
Name Signature Date



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Section 3 – Physician or Sport Medicine Specialist (PLEASE PRINT CLEARLY)

This is to confirm that, based on my understanding of the physical and competitive environment expected for the applicant in the requested different age category, an examination has indicated that he/she is physically capable of participating in that category.

Choose One Physician/ Sports Medicine Specialist Specify: _____

Doctor or Specialist Name

Doctor or Specialist Signature

Date

Section 4 – Parent/Legal Guardian Information (PLEASE PRINT CLEARLY)

This is to confirm that:

- I am a parent or legal guardian of the applicant.
- I understand that rugby is a contact sport and, like all contact sports, players are exposed to risk of injury and, further, that the risk of injury to players generally increases with age categories as the intensity of competition increases.
- The assessing coach has explained to my satisfaction that:
 - in his/her opinion, the applicant's physical development, skill level and experience is at a level that he/she is capable of competing safely with players in the requested age category;
 - the level of risk should remain the same in the requested age category even though the applicant's physical development, skill level and experience may differ from that of the players he/ she will play with or against.
- I have discussed the coach's assessment with the applicant.
- I am satisfied with the medical assessment.
- I may request the exemption to be revoked for safety reasons

Parent/Guardian Name (Printed)

Parent/Guardian Signature

Date

All forms must be submitted to the Rugby Ontario office by e-mail to vlee@rugbyontario.com

Before the applicant can play, he/she or his/her parent/guardian must get written confirmation from the Rugby Ontario office that the application has been approved.

APPENDIX A

The minimum qualification required by a coach to provide a risk assessment of the applicant is a current:

- NCCP Competition Introduction certificate; and
- Rugby Ready certificate; and
- Registration with Rugby Canada.

In conducting any assessment, the coach should take the following common factors into consideration:

- What is the player's level of physical development (e.g. height, weight, build) when measured against potential playing colleagues?
- Is the player physically equipped to compete on an equal basis with players in the requested age category?
- Will the player's skill level place him/her on an equal basis with eligible players in that age category?
- Is it at a level in which the player can compete safely?

In conducting an assessment for a player to participate in a higher age category, the coach should take the following additional factors into consideration:

- Does the player have a sufficiently high skill level specific in relation to both his/her playing position and to the game's fundamentals (e.g. tackle, pass, ruck, maul, scrum)?
- What is the player's level of experience?
- Is the player reasonably experienced and has he/she gained that experience in a comparable standard of competition?
- What is the standard of competition in the requested age group?
- Does the player undertake a regular strength training program?
- If so, how many times a week does he/she complete strength training and who provided the program?
- What was the nature of the strength program that was completed over the last month?
- For how months/years has the player been doing regular strength training?

In addition to the above considerations, if the player's position is in the front row of the scrum (prop or hooker), then the coach must also consider:

- How many years of front row experience does the player have?
- Was he/she a front row player during the previous season?
- If the player missed a game through injury in the previous season, what was the nature of the injury?
- What coaching qualifications does the player's current coach have?
- Has the player received any specialist front row coaching in the last 2 years?
- If so, what type of coaching was received and who provided it?
- What are the coaching qualifications and experience of the specialist coach?

In conducting an assessment for a player to participate in a lower age category, the coach should take the following additional factor into consideration:

- Does it provide for a possible increased risk of injury to other players?

Once the coach has completed and signed the assessment, it should be explained to the player's parent or legal guardian.